



ACUPUNCTURE NETWORK

Acupuncture Progress Report (Continuation)

Patient: _____
 Claim # _____
 Referring Physician _____
 Last Time Seen: _____

Patient #: _____ Date: _____

Diagnosis: _____

Present condition:

Area: _____ Pain Intensity: ___/10 (VAS)

ROM: ___WNL ___reduced ___slightly ___moderately ___greatly

Pain Frequency: was ___100% (constant)___ 75% (frequent)___ 50% (intermittent)___ 25% (occasional)___ 0% (none)

Pain Type: sharp dull. **Radicular symptoms:** numbness tingling hypoesthesia hyperesthesia weakness. Swelling, edema. DTRs

Area: _____ Pain Intensity: ___/10 (VAS)

ROM: ___WNL ___reduced ___slightly ___moderately ___greatly

Pain Frequency: was ___100% (constant)___ 75% (frequent)___ 50% (intermittent)___ 25% (occasional)___ 0% (none)

Patient was instructed in a home exercise program (HEP) including range of motion/stretching exercises. _____

Proper biomechanics and posture were instructed to the patient to stimulate self-reliance and avoid additional injury.

Medication:

Pain Medication: _____ is _____ day/week.

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Comments: _____

Measurable Goals to Be Obtained:

- Decrease of pain (Visual Analog Scale, 1-10)
- Increased range of motion
- Increased strength
- Increased body mechanics and ability to perform ADLs
- Increased ability to perform job-related duties
- Reduced medication

	Walking (1)	Standing (1)	Sitting (1)	Driving (1)	Sleeping (2)	Using tools*	Climbing stairs	Self-Hygiene*	

(1) Time/Distance with little or no pain, (2) Uninterrupted hours of sleeping, (*) Degree of difficulty: 0 (no difficulty) to 5 (severe difficulty).

Work status (Per PTP): Retired Not working Full time Part time without restrictions restrictions (restrictions written below, PER PTP)

Treatment:

*The patient's treatment consists of acupuncture using disposable needles. The needles are inserted in strategic trigger points. In addition to the acupuncture, electric-stimulation, myofascial release and/or heat treatments are given. These modalities have been proven effective in relieving pain and muscular tension. **Acupuncture (a passive modality that appropriately controls pain-inflammation in acute, sub-acute and chronic complaints) is combined with an exercise program (active care) to avoid de-conditioning and dependency on the use of passive modalities.***

Need for care and anticipated further length of treatment:

- The patient has made reasonable progress toward pre-clinical status with prior acupuncture;
- ADLs significant improvement was obtained with prior acupuncture and additional gains can be reasonably expected by additional care;
- Compliance and cooperation with prior acupuncture;
- There was an exacerbation or minor-major flare up of condition that requires additional care;
- The patient's condition/pain is controlled only through acupuncture; the patient is allergic addicted unwilling take medication
- Unable to take medication due to upper GI problems
- Co-morbidity factors/complications/pre-existing conditions _____

Comments: _____

Acupuncture treatment frequency recommended: 1 – 2 – 3x week.

PROVIDER NAME/ SIGNATURE: _____

CLINIC ADDRESS: _____